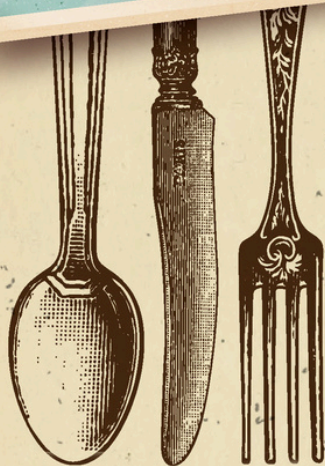




p r e s e n t s

Recipe for a good Befriender



2 hrs a week/fortnight
1 positive outlook
1 ability to be dependable
a listening ear
a pinch of fun & humour

Method

Currently recruiting volunteers to work with
young people aged 7 - 15 and 16 + adults

For more information contact us on
Telephone: 01595 743907
Email: befriending@shetland.org



VOLUNTEERS MUST BE OVER 17 WE ARE AN EQUAL OPPORTUNITIES ORGANISATION - SCOTTISH CHARITY NUMBER SC017286

